

C-RCS High School

April



CRCS PROVIDES
EQUAL PROGRAM
AND EMPLOYMENT
OPPORTUNITIES
MENU SUBJECT TO
CHANGE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Day 6	2	Day 1	3	Day 2	4	Day 3	5	Day 4
Chicken Patty Plain or Spicy Roll ~~~~~ Assorted Cheese Pizza ~~~~~ Peanut Butter & Jelly Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Peaches ~~~~~ Vegetable Choices Sweet Carrot Coins Mixed Greens with Dressing Seasoned Potatoes		Quesadilla Meal with Seasoned Brown Rice ~~~~~ Assorted Cheese Pizza ~~~~~ Tuna Salad Wrap ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Cinnamon Applesauce ~~~~~ Vegetable Choices Black Bean and Tomato Salsa Mixed Greens with Dressing Golden Corn		Cheeseburgers Lettuce, Tomato, Pickle, and Chips ~~~~~ Assorted Cheese Pizza ~~~~~ Bologna And Cheese Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Peaches ~~~~~ Vegetable Choices Mixed Greens with Dressing Oven Baked Fries Oven Baked Beans		Mini Pancakes, Sausage Patty ~~~~~ Assorted Cheese Pizza ~~~~~ Turkey Salad Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh OR Spiced Pears ~~~~~ Vegetable Choices Mixed Greens with Dressing Baby Cakes Green Beans		~~~~~ Homemade Souper Friday ~~~~~ Assorted Cheese Pizza ~~~~~ Ham and Cheese Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Mixed Fruit ~~~~~ Vegetable Choices Mixed Greens with Dressing Baked Sweet Potatoes Pasta Salad W/ Veggies	
8	Day 5	9	Day 6	10	Day 1	11	Day 2	12	Day 3
Chicken Nuggets BBQ Sauce ~~~~~ Assorted Cheese Pizza ~~~~~ Peanut Butter & Jelly Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Peaches ~~~~~ Vegetable Choices Sweet Carrot Coins Mixed Greens with Dressing Seasoned Potatoes		BBQ Pork Rib Sandwich Roll ~~~~~ Assorted Cheese Pizza ~~~~~ Tuna Salad Wrap ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Cinnamon Applesauce ~~~~~ Vegetable Choices Oven Baked Beans Oven Baked Fries Cole Slaw Mixed Greens with Dressing		Soft Shells/ Seasoned Meat/ Shredded/Cheese or Cheese Sauce Chips/ Salsa ~~~~~ Assorted Cheese Pizza ~~~~~ Bologna and Cheese Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Peaches ~~~~~ Vegetable Choices Cowboy Salsa Broccoli Mixed Greens with dressing		BBQ Chicken Brown Rice Cranberry Sauce ~~~~~ Assorted Cheese Pizza ~~~~~ Turkey Salad Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh OR Strawberry Cup ~~~~~ Vegetable Choices Mixed Greens with Dressing Cole Slaw		~~~~~ Homemade Souper Friday ~~~~~ Assorted Cheese Pizza ~~~~~ Ham and Cheese Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Mixed Fruit ~~~~~ Vegetable Choices Mixed Greens with Dressing Baked Sweet Potato Pasta Salad W/ Veggies	
15	Day 4	16	Day 5	17	Day 6	18		19	Day 2
Chicken Strips BBQ Sauce ~~~~~ Assorted Cheese Pizza ~~~~~ Peanut Butter & Jelly Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Peaches ~~~~~ Vegetable Choices Mixed Greens with Dressing Sweet Carrot Coins Seasoned Potatoes		Quesadilla Meal with Seasoned Brown Rice ~~~~~ Assorted Cheese Pizza ~~~~~ Tuna Salad Wrap ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Cinnamon Applesauce ~~~~~ Vegetable Choices Black Bean and Tomato Salsa Mixed Greens with Dressing Golden Corn		Mozzarella Sticks Side of Baked Pasta Garlic Roll ~~~~~ Assorted Cheese Pizza ~~~~~ Bologna and Cheese Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Mixed Fruit ~~~~~ Vegetable Choices Mixed Greens with Dressing Broccoli Cuts		Snow Day Give Back No School ~~~~~ 		Good Friday No School ~~~~~ 	
<h2>Spring Recess April 22-26</h2>									
29	Day 3	30	Day 4	1	Day 5	2	Day 6	3	Day 1
Popcorn Chicken Roll ~~~~~ Assorted Cheese Pizza ~~~~~ Peanut Butter and Jelly Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Peaches ~~~~~ Vegetable Choices Mixed Greens with Dressing Sweet Carrot Coins Mashed Potatoes		Cheese burgers Lettuce, Tomato, Pickle and Chips ~~~~~ Tuna Salad Sandwich ~~~~~ Assorted Cheese Pizza ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Spiced Pears ~~~~~ Vegetable Choices Mixed Greens with Dressing Oven Baked Fries Oven Baked Beans		BBQ Chicken on a Bun Macaroni Salad ~~~~~ Assorted Cheese Pizza ~~~~~ Bologna and Cheese Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Pineapple Chunks ~~~~~ Vegetable Choices Mixed Greens with Dressing Broccoli Cuts Green Beans		Breakfast For Lunch French Toast, Sausage Links, and Eggs ~~~~~ Assorted Cheese Pizza ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Cinnamon Applesauce ~~~~~ Vegetable Choices Mixed Greens with Dressing Golden Corn Oven Baked Beans		~~~~~ Homemade Souper Friday ~~~~~ Assorted Cheese Pizza ~~~~~ Ham and Cheese Sandwich ~~~~~ Yogurt with Granola ~~~~~ Fruit Choices Fresh Or Mixed Fruit ~~~~~ Vegetable Choices Mixed Greens with Dressing Baked Sweet Potato Pasta Salad W/ Veggies	