

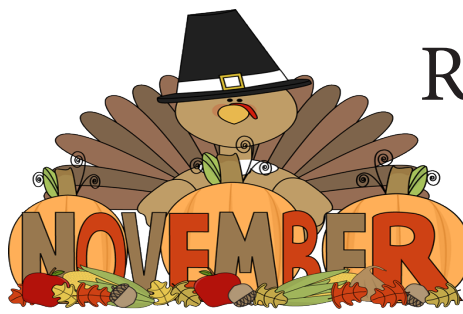
Radez School 3-5

Menu Subject To Change

All grains are whole grain

CRCS provides equal program and employment opportunities.

Students must take a fruit and/or vegetable with their meal.



Daily Alternate Breakfast Options:

- Cereal
- Assorted Juices
- 1% White Milk
- Assorted Fat Free Milk

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	Day 1	30	Day 2	31	Day 3	1	Day 4	2	Day 5
Cinnamon Toast ~~~~~ Chicken Tenders BBQ Sauce WW Bread Slice ~~~~~ Peanut Butter and Jelly Sandwich ~~~~~ Fruit Choices: Fresh OR Cinnamon Applesauce ~~~~~ Vegetable Choices: Broccoli Cuts Assorted Vegetables Mashed Potatoes		Breakfast Bun ~~~~~ Hamburgers Ketchup 2 pickle slices ~~~~~ Tuna Salad Sandwich ~~~~~ Fruit Choices: Fresh OR Peaches ~~~~~ Vegetable Choices: Baked Oven Fries Oven Baked Beans		Muffin ~~~~~ Taco/Nacho Seasoned Meat Shredded Cheese OR Cheese Sauce Chips Brown Rice Salsa ~~~~~ Bologna Sandwich ~~~~~ Fruit Choices: Fresh OR Mixed Fruit ~~~~~ Vegetable Choices: Mixed Vegetables Assorted Vegetables		Pancake Sticks Syrup ~~~~~ French Toast Sticks Syrup Sausage Patty ~~~~~ Turkey Sandwich ~~~~~ Fruit Choices: Fresh OR Cinnamon Applesauce ~~~~~ Vegetable Choices: Sweet Potato Fries Oven Baked Beans		French Toast Sticks Syrup ~~~~~ Assorted Pizza ~~~~~ Ham Sandwich ~~~~~ Fruit Choices: Fresh Fruit OR Spiced Pears ~~~~~ Vegetable Choices: Sweet Carrot Coins Mixed Greens Pasta Salad w/ Veggies	
5	Day 6	6	Day 1	7	Day 2	8	Day 3	9	Day 4
Bagel w/ Cream Cheese ~~~~~ Popcorn Chicken BBQ Sauce/ Ketchup Bread Slice ~~~~~ Peanut Butter and Jelly Sandwich ~~~~~ Fruit Choices: Fresh OR Mixed Fruit ~~~~~ Vegetable Choices: Steamed Spinach Assorted Vegetables Mashed Potatoes		Breakfast Sandwich ~~~~~ 1/2 Mozzarella & 1/2 American Toasted Cheese Sandwich ~~~~~ Tuna Sandwich ~~~~~ Fruit Choices: Fresh OR Peaches ~~~~~ Vegetable Choices: Tomato Soup Assorted Vegetables		WW Muffin ~~~~~ Taco/Nacho Seasoned Meat Shredded Cheese OR Cheese Sauce Chips Brown Rice Salsa ~~~~~ Bologna Sandwich ~~~~~ Fruit Choices: Fresh OR Applesauce ~~~~~ Vegetable Choices: Tomato/Black Bean Salsa Mixed Greens		Pancake Sticks ~~~~~ Oven Roasted Hot Dog Ketchup/Mustard/Relish ~~~~~ Turkey Sandwich ~~~~~ Fruit Choices: Fresh OR Peaches ~~~~~ Vegetable Choices: Oven Baked Beans Oven Fries		French Toast Sticks Syrup ~~~~~ Assorted Pizza ~~~~~ Ham Sandwich ~~~~~ Fruit Choices: Fresh Fruit OR Spiced Pears ~~~~~ Vegetable Choices: Sweet Carrot Coins Mixed Greens Pasta Salad w/ Veggies	
12		13	Day 5	14	Day 6	15	Day 1	16	
 <p>Veterans Day</p>		WW Breakfast Bun ~~~~~ Mini Pancakes, Sausage Patty ~~~~~ Peanut Butter Sandwich ~~~~~ Fruit Choices: Fresh OR Mixed Fruit ~~~~~ Vegetable Choices: Baby Cakes Assorted Vegetables		WW Muffin ~~~~~ Thanksgiving Feast Roast Turkey/Gravy Mashed Potatoes Dinner Roll Mixed Vegetables Cranberry Sauce Baked Sweet Potato Assorted Pudding Stuffing		French Toast Sticks Syrup ~~~~~ Assorted Pizza ~~~~~ Ham and Cheese Sandwich ~~~~~ Fruit Choices: Fresh Fruit OR Spiced Pears ~~~~~ Vegetable Choices: Sweet Carrot Coins Mixed Greens Pasta Salad w/ Veggies		Parent Teacher Conference Day No Students K-12 	
19	Day 2	20	Day 3	21		22		23	
Bagel w/ Cream Cheese ~~~~~ Chicken Nuggets BBQ Sauce Bread Slice ~~~~~ Peanut Butter and Jelly Sandwich ~~~~~ Fruit Choices: Fresh Or Peaches ~~~~~ Vegetable Choices: Sweet Carrot Coins Assorted Vegetables Mashed Potatoes		French Toast Sticks Syrup ~~~~~ Assorted Pizza ~~~~~ Ham and Cheese Sandwich ~~~~~ Fruit Choices: Fresh Fruit OR Spiced Pears ~~~~~ Vegetable Choices: Sweet Carrot Coins Mixed Greens Pasta Salad w/ Veggies		 <p>Thanksgiving Recess</p>					